

CHINA  
中国



8天DAYS 7晚NIGHTS

# 四姑娘山 稻城亚丁

MT.Siguniang  
DaoCheng Yading

无购物站 NO SHOPPING STOP

## 行程精粹 HIGHLIGHT

- 四姑娘山(双桥沟) – 以其美丽而闻名  
Mount Siguniang - Shuangqiao Gou is renowned for its beauty
- 中国唯一的高原石林景观【墨石公园】  
The only plateau stone forest landscape in China [Moshi Park Scenic Area]
- 亚丁风景区 – 令人惊叹和壮观的风景区  
Yading Scenic View -Stunning and spectacular scenic areas
- 康南地区唯一的白塔为主题的公园【稻城白塔群】  
The only white pagoda-themed park in Kangnan [Daocheng White Pagoda Group]



特选 **膳食**  
Special Cuisine



理塘风味  
Litang Cuisine



日瓦风味  
Riwa Cuisine



谭鱼头火锅风味  
Tan Fish Head Hot Pot

8天7晚

# 四姑娘山 | 稻城亚丁

成都 | 新都桥 | 理塘 | 日瓦 | 稻城 | 康定



Tour Code: G1.8 SGD



俊旅游 603-8060 1199

## 1 吉隆坡 ✈️ 成都

📍 集合于吉隆坡机场,飞往成都。

A: 早上航班

(机上用餐/晚)

- 📍 春熙路
- 📍 太古里步行街
- 📍 东郊记忆公园

B: 晚上航班

📍 抵达后,送往酒店休息。

## 2 成都 🚌 四姑娘山

(早/午/晚)

📍 四姑娘山 — [猫鼻梁观景台远眺海子沟及双桥沟 (含观光车)]  
四姑娘山被当地藏民崇敬为神山。相传为四位美丽善良的姑娘,为了保护她们心爱的大熊猫,同凶猛的妖魔作英勇斗争,最后变成了四座挺拔秀美的山峰。双桥沟距日隆镇约7公里,景区全长34.8公里,游览最好能乘车加步行,如果全步行是非常难走的。景区比较有特色的是撵鱼坝 栈道,四姑娘山景区的灵秀与宏伟在这里很好地融合在一起。  
\*景区内,不含团队单独包车,如团友们有意自费包车,将视景区当天供应情况而定

## 3 四姑娘山 🚌 新都桥

(早/午/晚)

📍 远观【梭坡碉楼】 — 梭坡羌族碉楼位于康定至丹巴的路边,离丹巴县城几十公里。“梭坡”藏语意为“蒙古族”。据说古时曾经有大批蒙古人在此放牧,故而得名。

📍 沿途欣赏八美观大草原、石林、八美墨石公园 [含电瓶车]

📍 塔公寺[外观] — 藏传佛教萨迦派著名寺庙之一,距今已有一千多年的历史,是康巴地区藏民族朝拜的圣地之一。

📍 塔公草原 [车游] — 这是距康定最近的一个纯牧区草原,每年6月下旬至8月初,是塔公草原最美丽的季节。

📍 新都桥观景台 — 新都桥是令人神往的“摄影天堂”,是一片如诗如画的世外桃源。“摄影家的天堂”。海拔3300米。

## 4 新都桥 🚌 理塘 🚌 日瓦

(早/午/晚)

📍 沿途风景: 【高尔寺山-海拔4412米】【剪子湾山-海拔4659米】【海子山自然保护区-海拔4500米】【谷冰川遗址-海拔3380米】

📍 理塘大寺 — 1580年由三世达赖喇嘛索朗加措创建。是康区最古老、规模最大的藏传佛教黄教寺院。  
(长青春科寺) [含观光车]

## 5 日瓦 🚌 亚丁 🚌 稻城

(早/午/晚)

📍 亚丁风景区 — 不仅有壮丽神圣的雪山,还有辽阔的草甸、五彩斑斓的森林和碧蓝通透的海子,雪域高原最美的一切几乎都汇聚于此,这一切(含观光车+电瓶车)一切都让人流连忘返。

📍 远眺央迈勇神山、夏诺多吉神山

📍 洛绒牛场 — 是亚丁自然保护区著名景点之一,海拔4150米,是附近藏民 牧的牧场。洛绒牛场背靠三座神山,是观赏三怙主雪山的最佳地点。

📍 冲古寺 [外观] — 位于仙乃日神山脚下,海拔3880米。原寺院损毁严重,入眼一片残垣断壁。冲古寺隶属贡嘎郎吉岭寺,有扎巴在此念经诵佛,经堂内供奉有佛祖释迦牟尼佛像。

📍 珍珠海 — 是在藏语中称为“卓玛拉措”,是仙乃日的融雪形成的海子。面积约0.1平方公里。密林中的珍珠海如一颗镶嵌在莲花宝座上的绿宝石,碧波荡漾,粼粼波光中透出无限清丽,湖畔四周,参翠如屏。

## 6 稻城 🚌 康定

(早/午/晚)

📍 沿途风景: 稻城红草地 [季节限定]

📍 稻城白塔: 四川最大规模的佛塔群

📍 龙古村藏寨

## 7 康定 🚌 成都

(早/午/晚)

📍 泸定桥 — 相传康熙帝统一中国后,为了加强川藏地区的文化经济交流而御批修建此桥,并在桥头立御牌。

📍 上里古镇 — 这里是红军长征北上的过境地,也是昔日南方丝绸之路。临邛古道进入雅安的重要驿站,小镇依山傍水,田园小丘,木屋为舍,现仍保留着许多明清风貌的吊脚楼式建筑。这里还是影视作品的外景地。

## 8 成都 ✈️ 吉隆坡

A: 下午航班

(早/机上用餐)

📍 锦里古街 — 现为成都市著名步行商业街,为清末民初建筑风格的仿古建筑,以三国文化和四川传统民俗文化为主要内容。这里有各式各样的当地美食,手工艺品,您也可以在这里找到纪念品送于亲友

📍 成都宽窄巷子 — 由宽巷子、窄巷子、井巷子平行排列组成,全为青黛砖瓦的仿古四合院落,这里也是成都遗留下来的较成规模的清朝古街道,与大慈寺、文殊院

B: 晚上航班

(早/午/晚/机上用餐)

- 📍 春熙路
- 📍 太古里步行街
- 📍 锦里古街
- 📍 成都宽窄巷子
- 📍 东郊记忆公园

# 8 DAYS 7 NIGHTS

# MT.Siguniang | DaoCheng Yading

Chengdu | Xinduqiao | LiTang | Riwa | DaoCheng | Kanding

Tour Code: G1.8 SGD

 俊旅游 603-8060 1199



## 1 Kuala Lumpur Chengdu

 Assemble at the airport for flight to Chengdu.

### A: Morning Flight

(MOB/D)


-  Chunxi Road
-  Taikoo Li
-  Dongjiao Memory Park

### B: Evening Flight

-  Upon arrival, direct transfer to hotel check-in.






## 2 Chengdu MT.Siguniang

(B/L/D)

-  Mount Siguniang — [Maobiliang - Shuangqiao Gou (Includes Shuttle Bus)]  
Mount Siguniang is well-known for its grandness, straightness and forcefulness. It is a natural forest area with abundant forest, thick green grass, and clear flowing rivers.  
※Does not include private shuttle bus in the attraction area, if the tour group request for a private shuttle bus, it'll be subjected to the availability and arrangement from the attraction spot.



## 3 MT.Siguniang Xinduqiao

(B/L/D)

-  Suopo Towers — is located on the roadside from Kangding to Danba. It is said that there were a large number of Mongolians grazing here in ancient times, hence the name.
-  Sceneries along the road — Bamei Grassland, White Tower, Stone Forest, Moshi Park Scenic Area (Included Electrical Bus)
-  Tagong Temple [Exterior View] — One of the famous temples of the Sakya sect of Tibetan Buddhism, it has a history of more than a thousand years and is one of the holy places for Tibetans to worship in the Kham area
-  Tagong Grassland [Couch window view] — This is the closest pure pastoral grassland to Kangding. It is the most beautiful season in Tagong Grassland from late June to early August every year. But in the eyes of photographers, this is a surprising location.
-  Xinduqiao Observation Deck — Xinduqiao is a fascinating "photographing paradise", a picturesque paradise. 3300 meters above sea level.






## 4 Xinduqiao Litang Riwa

(B/L/D)

-  Sceneries along the road : [Mt. Gao Er Si - Altitude:4412m] [Mt. Jian Zhi Wan- Altitude:4659m] [Mt. Haizi - Altitude:4500m] [Glacier Ruins - Altitude:3380m]
-  Litang Monastery (Changqing Chunke-Er Si) (Includes Shuttle Bus) — Was founded in 1580 by the third Dalai Lama sonangjiacuo. It is the oldest and largest yellow religion temple of Tibetan Buddhism in Kham district.

## 5 Riwa Yading DaoCheng

(B/L/D)

-  Yading Scenic View (Includes Shuttle Bus + Electrical Car) — Inside the Yading Scenic Area are the 3 holy mountains of Chenresig, Chana Dorje and Jampelyang. These 3 snow-capped peaks sit in a triangle formation with forested valleys, clear rivers, glacier-fed lakes and abundant wildlife between them.
-  Overlooking the Sacred Mountain of Yangmai Yong and the Sacred Mountain of Shano Dorji
-  Luorong Farm — was surrounded by three snow mountain, The best place to watch the three religious Lord snow mountain.
-  Chonggu Monastery — It sits at 4,000 meters. This small monastery is nearly 800 years old and sits at the base of Mt. Chenresig's north face. Mt. Chenresig, known in Chinese as Xiannairi, is the highest mountain in the reserve rising to 6,032 meters. The views of Chenresig from Chonggu Temple on a clear day are superb.
-  Pearl Lake — (Zhenzhu Hai), at the foot of Chenrezig, and believed to be the cosmetic mirror of fairies, is an excellent spot to admire the mountain.



## 6 DaoCheng Kangding

(B/L/D)

-  Sceneries along the road : Sangduihong Grassland (Depends Seasons)
-  Inajo White Tower
-  Longgu Tibetan Village

## 7 Kangding Chengdu



(B/L/D)

-  Luding Bridge — is a masterpiece of ancient Chinese bridge construction. The bridge dates from the Qing Dynasty and is considered a historical landmark.
-  Shangli Ancient Town — is one of the "Top 10 Ancient Towns in Sichuan" with ancient wood buildings, ancient memorial archways, ancient towers, ancient bridges, ancient temples, slogans of the "Red Army", fascinating natural scenery, pure folk customs, and interesting local festivals. This town is regarded as the most famous historic and cultural town in Sichuan and is one of the most popular for tourists.

## 8 Chengdu Kuala Lumpur


### A: Afternoon Flight

(B/MOB)

-  Jinli Ancient Street
-  Wide and Narrow Alley

### B: Night Flight

(B/L/D/MOB)

-  Chunxi Road
-  Taikoo Li
-  Jinli Ancient Street
-  Wide and Narrow Alley
-  Dongjiao Memory Park



## 备注

- 行程表所列出的航班资料、交通、行程、酒店住宿及膳食安排，将可能因应不同的出发日期而有所变动，恕可能不及时通知。若报名后行程表有所变动，本社将另行个别通知。
- 行程、膳食及住宿的先后次序，将以当地接待社安排为准。
- 本公司会根据团量来安排旅游巴士的大小，但若巴士行李舱放置空间不足时，或会遇上行李箱得放置在车厢内的可能，所以一人一座位为前提。
- 基本上全程中文讲解为主。若需要以其他语言讲解，务必在报名时提前通知本社。本社将另作安排，但将以最终确认为准。
- 因季节性的气温转变，多数酒店及餐厅都以中央空调来控制室内温度，空调设定为时段或是无空调提供，如遇此状况敬请谅解。团体房型及等级分配，由当地酒店排房为准，非本社所能掌控。
- 团队出发前建议购买旅游保险以则安心。
- 本社对旅客的任何费用损失不承担任何责任，有关保障范围及承保条款，请参阅保单。
- 若遇上特殊情况或其他不可抗拒之因素如天气不佳导致海陆空交通延误或取消，错过住宿，膳食及景点观光等等，本社保留放弃或更改景点的权利，以免耽误下一个景点的观光时间，并无任何代替景点。
- 若旅客决定离团，所有的费用恕不退还。
- 行程表附上的照片仅供参考。
- 为确保消费者权益，详情请参阅单据背页之基本条规细节。
- 旅客所持有的国际护照或任何旅游证件需拥有至少6个月的有效期间。旅客需于有效期内返回本国。
- 2岁 - 11岁属于儿童，12岁及以上皆属于成人。

## TERMS & CONDITIONS

- Flights, transportation, hotels, meals and itinerary stated in the brochure are subject to change without prior notice. Any changes after booking shall be advised accordingly.
- The sequence of itinerary, meals and hotel arrangements are subject to the final confirmation by the local ground operator.
- Tour buses are arranged based on group size. Every passenger is entitled to one seat each. Should there be extra seats remaining, it shall be reserved for baggage storage.
- Tour is conducted in Mandarin, unless otherwise stated.
- Due to seasonal change in temperature and weather, most hotels and restaurants have a central control system to regulate the indoor temperature for the comfort of tour members and the system cannot be adjusted by the tour members.
- The room type and category allocated shall depend on the hotel's room availability and arrangement, and is not predetermined by the Company.
- Purchase of travel insurance is highly advisable. The Company shall not liable for any losses or personal expenses incurred by the tour members during the tour. Kindly refer to the insurance policy for the terms of coverage.
- Due to adverse weather conditions, traffic congestion, and other unforeseen circumstances, the Company reserves the rights to rearrange, change or abandon the tour itinerary without prior notice and there shall not be any reimbursement.
- For passengers who wish to deviate from tour, no refund shall be entertained for any unutilized portion of the tour.
- The images shown in tour itinerary are only for indicative.
- For other conditions, please refer to overleaf of your booking form for our standard terms and conditions.
- An International passport or other recognized travel documents which should be valid for at least 6 months from the date of return to country of origin.
- 2-11 years old categorize as child; 12 years old and above are categorize as adult.